



Annual Report

April 2018 - March 2019

Diversity Counselling New Zealand

Diversity Counselling New Zealand

Multi-Ethnic/Cultural/Linguistic
Professional Counselling and Family Support

A Safe Space *- Engage, Connect and Thrive -*

*To Provide Culturally Responsive Counselling
and Promote Community Well-being*

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Organisational Information

Counselling Room
Suite 10,11, & 12, 2nd floor,
55 London Street
A PO Box 4383, Hamilton East,
Hamilton 3247
P 021 0262 5587
E contact@dcnz.net
H <https://dcnz.net>
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Community Grants



Voices for our services

I am the Refugee Nurse for Adult Mental Health And Addiction Services for the Waikato District Health Board.

I have referred clients to Diversity Counselling New Zealand (DCNZ) in London Street, and have seen effective results for the clients resulting in a relief of their symptoms and an ability to better cope with the activities of everyday life.

Communication with the staff at DCNZ has been clear, effective, and timely.

I recommend this service for refugees and migrants due to the cultural sensitive manner in which the staff practice.

Ngaa mihi,

Mace Lee, Refugee Nurse, WDHB

Hamilton Girls' High School is a state, single sex secondary school located in central Hamilton. The school caters for students in Years 9 to 13 (ages 12 to 18). The school population is culturally diverse, representative of Hamilton's multicultural community, thus the in-school counselling practice needs to be able to meet the requirements of the many young people we meet. For us to be able to have a relationship with community organisations such as Diversity Counselling New Zealand is a hugely valuable resource both for their professional development workshops and the counselling service they offer to young people and their families.

Ngā mihi,

Susanna Wilford, Counsellor
Hamilton Girls' High School

Thank you all to the staff members of DCNZ. You do a great job and may you continue to thrive as a support service in the community.

Kind Regards,

Ailine, Social Worker, SHAMA



New Zealand Red Cross is happy to support Diversity Counselling in delivering culturally responsive counselling and well being support to our ethnic communities.

NZRC works with vulnerable people from refugee background and in Hamilton NZRC helps settle people/families from Eretria, Afghanistan, Pakistan, olumbia, Democratic Republic of Congo, Burma, Syria and Somalia. NZRC refers clients to Diversity Counselling for supportive counselling, wellbeing support, workshops, trauma related issues and to provide a safe space to clients to be able to talk /discuss issues related to their refugee journey.

The impact of the Christchurch attack in March 2019 is still being felt by a number of our families and their communities. We have had the support of stakeholders like Diversity Counselling in providing the safe space for clients and their families to be supported in building resilience, restoring feelings of safety and control and continue providing wrap round well being and counselling services in culturally appropriate ways for our ethnic communities .

NZRC fully support Diversity Counselling by referring clients /accessing their services for clients - individuals, families and groups as required. Diversity Counselling supports ethnic families and communities in empowering them in their resettlement journey in New Zealand.

Sincerely

Nirmala Narasimhan, Pathways to Settlement Manager (Hamilton), NZ Red Cross

I'm grateful for the service and treatments I have received from DCNZ, the acceptance and commitment therapy has helped me to gain self confidence, befriend, and accept who I really am. They have also made the counselling sessions affordable for people who otherwise, couldn't afford. They truly care about their clients, and I'm really grateful that such service is available in the community. I've learned a lot and those are skills that I can apply in my daily life. Thank you DCNZ!

A Service User

In my role as manager of English Language Partners Waikato I see many people who are suffering from the effects of trauma and loss in addition to managing the process of settling into a new country. It has been extremely beneficial to be able to collaborate with DCNZ to arrange for ELP learners from refugee back grounds to attend Tree of Life and Family Wellbeing programmes. Since the tragic events of March 15 this year DCNZ counsellors have been coming to our classes holding sessions to help learners find peace and gain resilience. This arrangement is set to continue and develop in the future.

Jo de Lisle | Manager

English Language Partners New Zealand-Waikato Centre



Chairperson's Report

Jenny Field

For Diversity Counselling New Zealand, this year has been one of exciting developments and some challenges, which we expect and welcome and are associated with being a fledgling, and now a growing community provider.

We completed our annual audit recently, and are pleased to report that almost all our client outputs have increased, some dramatically, such as the number of counselling clients and the counselling sessions.

Our new Manager Vanisri Mills, took up her new role in November, retaining some counselling as well as management duties. We completed an internal restructure and introduced a new financial administration role and reformulated the Coordinators roles to reflect that counselling remains our primary focus. Our previous Manager Kou, now has oversight for communications, and Freda is our Chinese liaison coordinator. All paid positions, which are part-time contractual roles received a small increase in remuneration.

Our new treasurer, Sandya Rajaspakshe, has worked hard to introduce more rigorous measures to monitor and control income and expenditure, and over this year we have reviewed a lot of our day-to-day procedures. After gaining full time employment,

Sandya is retiring from the Treasurer's position. We wholeheartedly thank her for her wonderful work.

The most exciting development this year has been two sessions with Jenny Nand from the Ministry of Internal Affairs to facilitate our new Strategic Plan. The first of these meetings was held in March where we were encouraged to imagine our organisation in ten to twenty years' time. As a result of these two sessions, we have a new mission and vision for DCNZ, which we think will propel and guide our work for at least the next few years.

Our new mission statement: **To provide culturally responsive counselling and promote community well-being.**

Our new vision: **A safe space - engage, connect, thrive.**

We have continued some of our existing workshops and trialled new ones over the past year. During this financial year we started to run Family Well-being sessions in conjunction with English Language Partners. We also ran "Bridging the Gap" seminar series, Tree of Life workshops, workshops for the Japanese and Chinese communities and a Chinese parenting programme in conjunction with Plunket. A new programme called



Breathing Space was held in 2 intermediate schools, with another in a community setting.

Our responsibilities such as accountability and transparency to and with government and community funders have increased, and so compliance and policy development often engages the board's attention. We completed writing our Health and Safety policies and they are now implemented. None of this development could have taken place without the generous donations and grants from multiple community grant funders. A generous offer to mentor DCNZ and assist us with organisational aspects was also made by Forsyth Barr and warmly accepted. We also have contracts with one of the Public Health Organisations, and with the Waikato DHB for Package of Care. In addition, Kou has continued to run three workshops with external

clients, which were an additional source of income for DCNZ. We thank these people and organisations for their generous support, which has enabled steady growth and development of DCNZ to this point.

Finally, on behalf of the board, I want to thank most warmly our staff, both paid and voluntary, who put their time, energy and expertise into this Diversity Counselling New Zealand with great dignity, warmth and a wonderful spirit of inclusion.

Jenny Field

Chairperson

Diversity Counselling New Zealand



Board and staff played croquet together at the Hamilton East club.

Manager's Report Vanisri Mills



"I can do things you cannot, you can do things I cannot; together we can do great things." Mother Teresa

Six years have passed since we started Diversity Counselling New Zealand (DCNZ). This year, we have met great challenges as well as growth and some degree of sustainability. The services of DCNZ continuously contribute to building resilient families strengthening psychological wellbeing for migrants and former refugees through providing culturally responsive counselling/ psychology services and family support. We are grateful that we able to provide our counselling service to more people this year compared with previous years. We tailor our service to meet the needs of the people we serve, such as home visits, after hours / weekends, and reduced costs or free services-for those with financial difficulties.

We continue to provide existing programmes such as "Family Well-being" and "Tree of Life" workshops for a range of ethnic communities, professional development workshops for health and social practitioners called "Bridging the Gap". One of our initiatives is a parenting workshop for the Chinese community jointly organized by DCNZ and Hamilton Plunket. Another initiative this year was a programme called "Breathing

Space" for children from migrant and refugee backgrounds which incorporates a Tree of Life metaphor with mindfulness-based principles, for two intermediate schools and for a community setting. All DCNZ's services incorporate holistic, community oriented, and strength-based approaches.





With the unprecedented Christchurch attack in March 2019, DCNZ team tirelessly contributed to restore the psychological safety and provide wrap around wellbeing services to ethnic and former refugee communities with other community organizations, particularly English Language Partners Waikato Centre, New Zealand Red Cross, SHAMA and statutory organizations.

I would like to acknowledge the team at DCNZ. Your passion, commitment, knowledge, skills and kindness make a real difference in peoples' lives. We would also like to appreciate our Chairperson and the Board of Trustees for guidance and ongoing sup-

port. We are grateful for our funders, mentors, supervisors and supporters.

There are challenges ahead of us, like any small organisation, however, we will meet them with courage and purpose, with humility and with hope. We will continuously strive with integrity, to provide the best possible services.

Vanisri Mills

Manager & Counsellor



Staff Members & Counsellors



With the increase in client referrals since our last AGM report, it pleases me to see that DCNZ is now growing and I have the opportunity to support

more people.

One of the highlights this year was that I had the opportunity to co-facilitate the "Breathing Space" programme. This enabled me to work with precious children who come from a diverse cultural background (migrants & former refugees). Also, with the help of the DCNZ Team, during the year I organised and presented another "Family Wellbeing" programme. This was all made available due to the support given from a great team at DCNZ.

Over the past year with the programmes I have facilitated I have learnt a lot from programme participants and the stakeholders. I have witnessed that these people already have a huge amount of resilience. As a counsellor, I believe, as our mission statement says, 'A safe space - engage connect and thrive', tells me we are getting closer to achieving our mission statement. I feel that

DCNZ gives these people a great place that they are able to come to. I am pleased to have the opportunity of working with DCNZ and their clients.

Kaoru Tsukigi, Counsellor



This year, my role in DCNZ is Chinese Liaison Coordinator. I act as a liaison between DCNZ and Chinese communities by contacting, visit-

ing, and providing a presentation. My work included promoting the programmes in Chinese communities, liaising with appropriate seminar speakers, such as Indu Singh who has working experience in Parentline, networking with relevant organizations, such as Hamilton Plunket and Hamilton Chinese Golden Age Society. This year I focus on organizing and facilitating parenting workshops for Chinese communities. I facilitated

Staff Members & Counsellors

a workshop called "The parenting skills and the child's life script" in Hamilton Plunket. There are 30 participants from the Chinese community in the workshop. I also organized parenting workshops "How to play with Children" that facilitated by Indu Singh in Hamilton Chinese Golden Age Society, which was appreciated by the participants. In addition to parenting workshop, I continue to organize and facilitate the workshop related to mental health for Chinese communities. I will facilitated the workshop "Stress and Health" on 23, October in Hamilton Chinese Golden Age Society. My work got positive feedback from Chinese communities and helps DCNZ keep and strengthen ties with the Chinese community.

Freda Xia, Chinese Liaison Coordinator



This year, DCNZ has made a lot of noticeable positive progress, not only in counselling work, but also in other professional services. I believe that such positive

developments were possible through DCNZ's team enthusiasm for working, and our members and DCNZ'S team Trustees great support. As a result of the progress made, I am spending a busier year compared to previous years, with more clients through PHO, Pinnacles, schools, and the Korean community. I am also organizing "tree of life workshops" and "ethnic counsellors' meeting", which has expanded my professional knowledge and given me numerous joyful moments. Family wellbeing programmes, and DCNZ PD seminars, that I partly supported this year, were personally rewarding and enabled my professional development.

Sunjin Heo, Counsellor

Staff Members & Counsellors



I was so pleased to see the progress and development DCNZ made this year. It was not only that DCNZ supported more people last year, but also that DCNZ

made more organizational development, like contracting with other organisations, policy making, and make a financial position, and so on.

Personally, I could have more time to provide counselling sessions toward ethnic people, which I was missing for some time. Also I was able to update our website, which I wanted to do for a long time.

As a counsellor, I realize the importance of counselling even for ethnic people more. They need to have a safe place to talk about a matter they are struggling with. Also the importance of collaboration among organisations who support migrants and former refugees.

I would like to continually offer my skills and experience for DCNZ and people in our communities.

Kou Kunishige, Counsellor

Our Team

Financial Administrator:

Inoka Abhayawardena

Practicum Counsellors:

Bhante Metteyya

(Bachelor of Applied Social Science, WINTEC)

Linglin Shi

(Master of Counselling programme, University of Waikato)

Contracted Practitioners:

Indu Singh

(Contracted counsellor)

Adrienna Ember

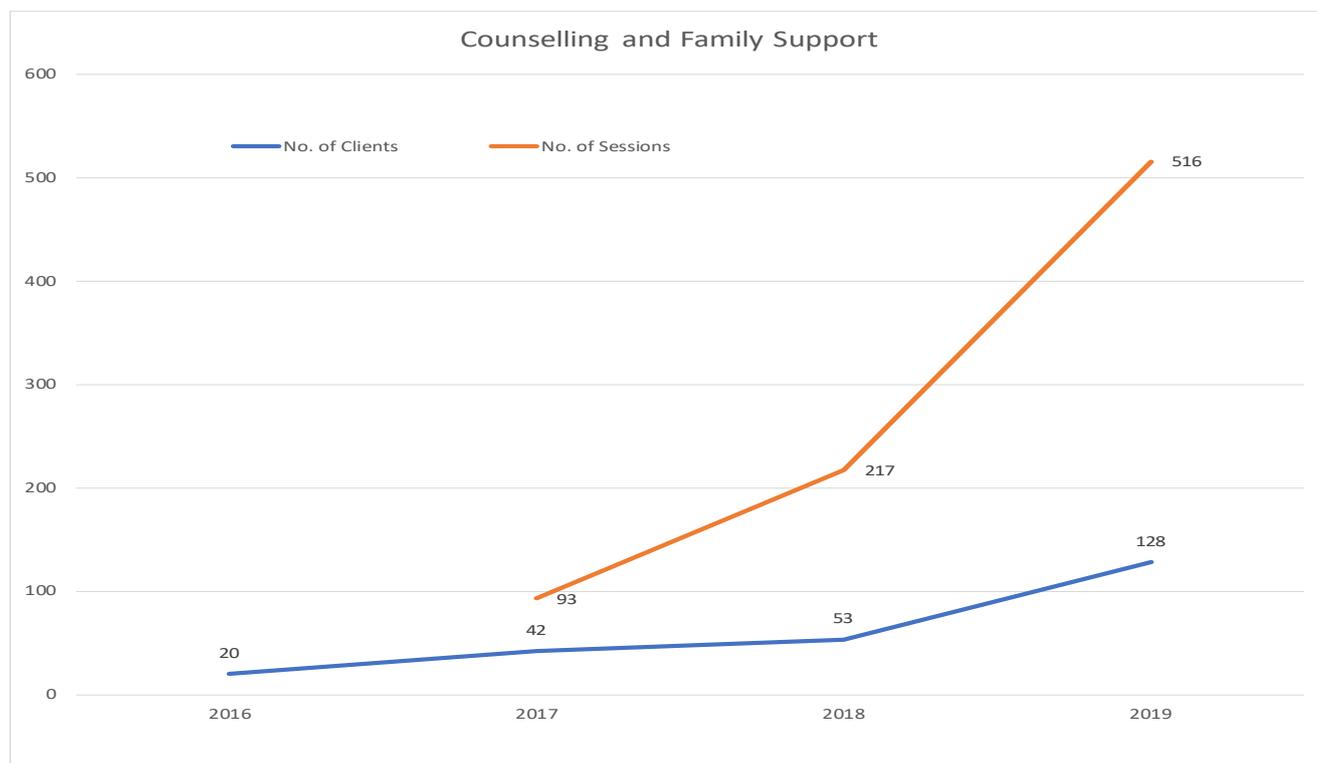
(Contracted Clinical Psychologist)

Aditi Podder

(Contracted Clinical Psychologist)

Our Progress

Multi-Ethnic/Cultural/Linguistic Professional Counselling and Family Support



	2016	2017	2018	2019
Family Well Being Project				
No. of Sessions	33	9	10	9
No. of Participants	131	83	87	71
Community Development Project				
No. of Sessions	5	3	5	10
No. of Participants	54	34	34	153
Tree of Life Workshops				
No. of Series	n/a	2	2	3
No. of Participants	n/a	18	12	34

"Helping Young People Exposed To Upsetting Content" Workshop

Helping Young People Exposed To Upsetting Content (Christchurch Tragic Event) Workshop for ELP LEARNERS

21/03/2019

In the aftermath of the Christchurch attacks, DCNZ was invited by the Red Cross and English Language Partners to organize three workshops. The workshops were aimed at teaching parents how to engage with their children regarding the attacks.

At the workshops last week there were 21 learners in the morning group and 20 in the afternoon group. This does not include the staff members present. If you include them, the numbers are:

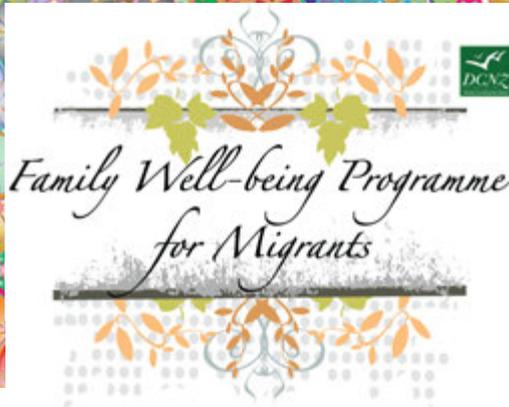
AM: 21 learners + 9 ELP staff members + 4 Decypher interpreters = 34 people.

PM: 20 learners + 8 ELP staff members + 3 Decypher interpreters = 31 people.

The workshop was a success and we received some good feedback from Jo De Lisle, Manager of ELP:

"The atrocities in Christchurch hit us all but the effect was particularly damaging for our former refugee communities, many of whom felt re-traumatized, and particularly worried about how to talk to their children in the wake of the attacks. English Language Partners Waikato were very fortunate to be able to call on DCNZ team to come and discuss these feelings, with the aid of interpreters, with three of our English classes where the learners are mainly refugee background people with very limited English. The feedback was very positive- learners were very happy to have the opportunity to express their concerns in a safe environment. They also said that they now felt more confident talking with their children and felt they had a better understanding about how to respond to their children's questions and behaviours. The class teachers also found the sessions useful and said they now felt better equipped to create a healing environment in their classrooms"





Family Well-Being Programme

Date	Topic	Participants
8 May	Mental Health Wellbeing 1: Developing the ability to be happy 1 Facilitator: Freda Xia (Counsellor, DCNZ)	12 People - 3 Colombians - 5 Afghans - 4 Pakistan
29 May	Mental Health Wellbeing 2: Developing the ability to be happy 2 Facilitator: Freda Xia (Counsellor, DCNZ)	8 people - 5 Afghans - 3 Colombians
19 Jun	Self-Compassion - Take That Small Step Towards your Well-Being Facilitator: Vanisri Mills (Counsellor, DCNZ)	9 people -7 Afghans -2 Colombian
31 Jul	Everyday Mindfulness 1 - The Art of Mindful Living Facilitator: Vanisri Mills (Counsellor, DCNZ)	5 people -4 Afghans -1 Colombian
28 Aug	Everyday Mindfulness 2 - The practice of mindfulness Facilitator: Kaoru Tsukigi (Counsellor, DCNZ)	15 people - 2 Afghans - 7 Colombian - 6 Japanese
11 Sep	Compassion and Well-being Facilitator: Dunuvila Metteyya (DCNZ's practicum counsellor)	5 people -2 Afghans -2 Colombian -1 Japanese
16 Oct	Re-Membering our connection 1 Facilitator: Sunjin Heo (Counsellor, DCNZ)	7 People - 5 Afghans - 2 Colombian
23 Oct	Re-Membering our connection 2 Facilitator: Sunjin Heo (Counsellor, DCNZ)	4 people - 3 Afghans - 1 Colombian
04 Dec	How to keep your children safe Facilitator: Kaoru Tsukigi (Counsellor, DCNZ)	6 people - 5 Afghans - 1 Colombian

Feedback on our programme:

- Mindfulness workshop many good/useful exercise practicing together so I can use some of them at home - When I have stress, thinking too much, worrying a lot of things...I use breathing exercise and it's working for me! Eating mindfulness exercise is good-I didn't think anything while I was doing the exercise!
- I know now how to protect ourselves and my children in particular situation - it's really good to know because I live different country/society than mins so I didn't know much...
- I understood what the people were saying and I felt good to attend the workshop: Thank you for organising interpreter for us.
- I talked with DCNZ's counsellors they are so good to me. They are really helpful and supportive I am so glad that I have them.



Breathing Space Programme

Community (Sri Lanka, Zimbabwe, India, Ecuador, Bangladesh)

1. 26/May/19' - 6 children
2. 2/Jun/19 - 7 children
3. 9/Jun/19' - 4 children
4. 16/Jun/19' - 4 children
5. 23/Jun/19' - 4 children
6. 30/Jun/19' - 4 + 5 = Total 9

Peach grove intermediate school (Afghanistan, Pakistan, Colombia, Congo, Vietnam, Somalia, Syria, India, Afar)

1. 21/May/19' - 14 children
2. 28/May/19' - 14 children
3. 11/Jun/19' - 13 children
4. 18/Jun/19' - 13 children
5. 25/Jun/19' - 7 children
6. 2/July/19' - 13 children + 5 teachers

Fairfield intermediate school (Afghan, Colombia, Pakistan, India, Fijian/Indian,

1. 9/Nov/19' - 14 children
2. 16/Nov/19' - 13 children
3. 20/Nov/19' - 13 children
4. 23/Nov/19' - 13 children
5. 27/Nov/19' - 12 children
6. 30/Nov/19' - 14 children + 7 teachers

Breathing Space is a group programme for children which incorporates a Tree of Life Metaphor with Mindfulness based techniques. The overall objectives of the programme were to"

- Develop positive cultural identity
- Explore children's unique abilities and connect with their aspirations
- Improve mental focus and attention
- Develop compassion to self and others
- Incorporate Tree of Life and Mindfulness within a community development model





Evaluation: Overall Impression

The Breathing Space programme was successful in assisting participants to reaffirm their cultural roots and build a positive cultural identity as well as identify their unique strengths and abilities and aspirations for the future.

Leadership was encouraged during the sessions- i.e. students chose a group leader at the start of each session to assist in guiding others the activities. "The Celebration Session" was student-lead and offered further opportunity for students to undertake leadership roles and assume responsibility for facilitating the session. This was a secondary gain of the programme.

Compassion to others was encouraged throughout the programme and demonstrated by the participants who showed respect to others by listening attentively and non-judgementally to their peers. Participants showed kindness to their peers by supporting and encouraging each other. The Gratitude Journal also encouraged compassion to others.

Personal Pride and Uniqueness was celebrated throughout this programme through acknowledging participants individual strengths and talents which they shared through the Tree of Life or demonstrated through performances (music and dance or mindful movements).

Breathing Space also offered opportunity for increasing intercultural awareness and social connectedness, through the student's sharing their individual stories and cultures. The facilitators also celebrated cultural diversity and encouraged acceptance and

respect for each other throughout the delivery of the programme. The Breathing Space Programme may therefore be viewed as an effective vehicle to promote intercultural awareness and tolerance.

Programme Evaluation completed on 26 August 2018 by Komala Pather, Clinical Psychologist, Adult Mental Health and Addiction Services, Waikato District Health Board.

Feedback:

The 'Breathing Space' programme was very well received by the sixteen students from different ethnic backgrounds at Fairfield Intermediate School.

They were engaged from the first through to the last session, and it was great that they were given an opportunity to share their learning with their invited guests at the end session. The students have learnt some valuable life skills and have learnt to appreciate and gain confidence from their diverse backgrounds.

I very much hope this programme can be repeated with our students in 2019. The facilitators showed empathy and kindness throughout the programme and demonstrated the type of behaviours and characteristics they wanted the students to aspire to. Thank you for sharing your expertise with our students. (Fairfield intermediate school)



"Tree of Life" Workshop

"The Tree of Life is a hopeful and inspiring approach to working with children, young people and adults who have experienced hard times... This approach has proved so successful and popular ... in a wide range of countries." (Dulwich Centre)

1. For professionals:

3 sessions (13/Jun, 20/Jun and 27/Jun, 9am -12pm), total number of participants (12 people). Facilitator: Jenny Snowdon.

<Feedback>

"By thinking through trees, I can image our connection and relationship with people very naturally. Thank you so much."

"Thank you for this learning. I made many connections for myself and hope I can take this learning and offer to others hopefully will experience new connections for themselves as well. Looking forward to receiving the power points and readings."

2. For Colombian Community:

2 sessions (06/11 and 13/11, 12pm-3pm), total number of participants (12 people). Facilitators: Kaoru Tsukigi, and Freda Xia

<Feedback>

"I have been depressed recently because my family issues back from Colombian but attend this workshop give me hope and how to cope with this (my) issues."

"The tree was used as a metaphor to explore our life is really good and I have never thought back or reflect on my life journey.

3. For Afghan Community:

2 sessions (28/11 and 05/12, 12pm-3pm), total participants (10 people). Facilitators: Sunjin Heo and Vanisri Mills

<Feedback>

"Your workshop helped me to remember that I have strengths and meaningful people."



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Enhancing Human Welfare in the Waikato

BRIDGING THE GAP

Seminars for Helping Professionals
and Community Leaders

Diversity Counting New Zealand's leaders
BRIDGING THE GAP
For Helping Professionals and Community Leaders

"Working with Refugees"

Presenter: Mace Lee
(Refugee Nurse:
Adult Mental Health and Addictions services - Waikato DHB)

Date: Friday 21st September 10am- 11.30am
Venue: Board room, 2nd floor, 55 London street (London Business Centre)
Fees: \$5 for unwaged, \$25 for waged
(Eftpos not available, or pay to the bank account: 12-3454-0069188-01)
Please RSVP to Vani (vanisi.mills@dcnz.net)



Diversity Counting New Zealand's leaders
BRIDGING THE GAP
For Helping Professionals and Community Leaders

"Cross-Cultural Competency when working with refugee background persons"

Presenter: Silvia Dancose
Refugee Programmes Team Leader
New Zealand Red Cross

Date: Monday 5th November 10.00am- 11.30am
Venue: Board room, 2nd floor, 55 London street (London Business Centre)
Fees: \$5 for unwaged, \$25 for waged
(Eftpos not available, or pay to the bank account: 12-3454-0069188-01)
Please RSVP to Vani (vanisi.mills@dcnz.net)



Diversity Counting New Zealand's leaders
BRIDGING THE GAP
For Helping Professionals and Community Leaders

"Legal Rights of Migrants and Refugees in New Zealand"

Presenter: Christina Howe
SOLICITOR – LLB / BSocSci

Date: Friday 15 February 2019 10.00am- 11.30am
Venue: Board room, 2nd floor, 55 London street (London Business Centre)
Fees: \$5 for unwaged, \$25 for waged
(Cash only, Eftpos not available,
or pay to the bank account: 12-3454-0069188-01)
Please RSVP to Vani (vanisi.mills@dcnz.net)



Community Development Programmes

Chinese Seminars

Date	Topic	Participants
19 Mar 2018	Optimizing your communication skills	6
11 July 2018	Making body relax by singing a song (1)	11
22 Aug 2018	Making body relax by singing a song (2)	25
15 Oct 2018	Stress and belief	4
27 Mar 2019	The parenting skills and the child's life script	30

Parenting workshop held on 27 March, 2019 in Hamilton Plunket that jointly organized by DCNZ and Hamilton Plunket. All participants contribute to the discussion actively. They said that this workshop is very useful to help them learn parenting skills. They will continue to take part in farther workshop. (Freda Xia)

Japanese Seminars

Date	Topic	Participants
1 July 2018	Talks by the three psychologists from Japan	10
28 July 2018	Pension system in NZ	15
8 Sep 2018	Developmental Disorders 1	16
13 Oct 2018	Developmental Disorders 2	11

ニュージーランドにやってきた 三人の心理士



「発達障害ってなんだ？」
白坂薫子

鹿児島県出身、鹿児島大学の臨床心理士養成のための専門職大学院卒。臨床心理士、伊佐市のこころサポートセンターで発達に悩むの子どもたちの支援に従事。現在、ワーキングホリデーでハミルトンに滞在



「心理相談室のかしこい使い方」
横山克貴

神奈川県出身、東京大学大学院卒。臨床心理士、大学で研究に従事。現在、ワイタラカ大学カウンスリング大学院で、セラピスト資格取得を目指すために、研究生としてハミルトンに滞在



「心療内科からみる日本的しんどさ」
大串綾

大阪府出身、関西大学の臨床心理士養成のための専門職大学院卒。臨床心理士、大阪の心療内科で心理士として従事。現在、ワーキングホリデーでハミルトンに滞在



Fundraising Workshops

Supported by Waikato University, Hamilton East School, Edgewater College, and YWCA Hamilton

Narrative Therapy Workshop (5 Days: Mon, 30 April - Fri, 4 May 2018)

18 Participants from Japan

2 people were sponsored by Dr. Elmarie Kotze & Paul Flanagan, University of Waikato

3 people were sponsored by DCNZ



"Supporting Children at Schools" Workshop (5 Days: Mon. 14 Aug - Fri. 18 Aug 2018)

7 Participants from Japan



New Zealand Life Redesign Programme at Whitianga (6 Days: Sun. 13 Jan - Sat. 19 Jan 2019)

9 Participants from Japan

